

Coronavirus update

The Church of England have issued recommendations for how all churches should respond to the challenge posed by coronavirus, and in the light of this we need to be wise in our activities at this time and follow the advice given.

Therefore, with immediate effect:

- Communion will be given in one kind (bread) only. There will be no sharing of the chalice which will therefore not be used with the congregations.
- The peace will not be shared by physical contact (ie hand-shaking).
- There will be no handshaking at welcome or on departure.
- There will be no physical contact during prayer ministry.
- There will be no refreshments served after both morning services

In relation to hand washing one suggestion being made is that rather than singing 'happy birthday' to make sure you take the right amount of time to wash your hands, try saying the Lord's Prayer instead slowly and meditatively. That will help us to remember who is ultimately in control of all things.

If you do feel unwell, then we would ask that you don't come to church. If for any reason you cannot come to church, please be aware that our sermons are uploaded on line each week and can be found on the website at:

<http://www.stmarksholbrook.org.uk/spring-sermon-series-2020.html>

Please don't be put off by all this advice and these changes; they are there to help us. So with these precautions in place, please do come

along to church as usual, and do remember to wash your hands before you come!

At a time when there is so much panic and confusion in our society, it is particularly important to continue to meet, encourage one another and listen to the Lord who is in control. And of course let's continue to pray for our nation, the world and its leaders for wise decisions and that the spread of this virus and its impact may not be as great as anticipated.

Yours in Christ,

Richard